

# Internet Safety Tips for Kids and Teens



1. Spend time having fun with your parents and grandparents online, helping them understand technology! Remember, they taught you how to use a spoon.
2. Never post your personal information, such as a cell phone number, home number, home address, or your location on any social networking site or through mobile apps like Snapchat or Instagram.
3. Never meet in person with anyone you first “met” on the internet. If someone asks to meet you, tell your parents or guardian right away. Some people may not be who they pretend they are.
4. Check with your parents before you post pictures of yourself or others online. Never post or repost inappropriate pictures of anyone.
5. Never respond to mean or rude texts, messages, and e-mails. Delete any unwanted messages. You may need to delete and block friends who continuously bother you or post things that are not appropriate.
6. NEVER share your password with anyone, including your best friend. The only people who should know your password are your parents or guardian.
7. If you wouldn't say something to another person's face, don't text it or post it online.
8. Do not download or install software or any apps on your computer or cell phone before checking with your parents or guardian. Change default location settings.
9. Use the privacy settings of social networking sites.
10. If anything makes you feel uncomfortable online, while gaming or when using your cell phone, talk with your parents or guardian right away.



*Adapted from Source: Netwsmartz.org and safekids.com.*